

Dear fellow Graduate Students,

As we approach the end of the year, we at the University of Manitoba Graduate Students' Association (UMGSA) would like to thank all of you for your involvement and hard work. This time of the year is important for us to reflect on the challenges we have faced, to appreciate our accomplishments and to enjoy a well-deserved break!

We understand that not all students are able to celebrate this time of the year as they would like. In order to support them, we are pleased to announce that the **UMGSA Holiday Hamper Program is now open**. This program supports graduate students and their families in financial need, so that they may celebrate the holiday season.

If you consider yourself in financial need and would like to receive a hamper, please submit a completed application form (attached and also available at <http://www.umgsa.org/holiday-hamper-program/>) to [vpa@umgsa.org](mailto:vpa@umgsa.org) by **December 7<sup>th</sup>, 2018 at 4 PM**. Late applications will not be considered. All information shared will be kept confidential between yourself and the UMGSA office.

Please consider that there are a limited number of hampers available and students will be selected according to a review of the applications received. Once they are processed, you will be contacted via email, and hampers will be available for **pick-up on December 19<sup>th</sup>-21<sup>st</sup>, 2018, from 9 AM to 3 PM at the UMGSA Office (221 University Centre)**. Please bring your student ID. Unclaimed hampers will be donated.

Please do not apply for assistance if you are already receiving help from another agency or organization (e.g. Salvation Army, Winnipeg Christmas Cheer Board or the Child and Family Services).

On behalf of the UMGSA, we wish you a wonderful holiday season and all the best for the New Year!

Best regards,

Silvia Araujo

Vice President Academic 2018-2019

University of Manitoba Graduate Students' Association

221 University Centre | 61 Chancellor's Circle

Phone: 204-474-9181

Website: <http://www.umgsa.org/home/> | email: [vpa@umgsa.org](mailto:vpa@umgsa.org)

## Application Form

Student name	
Student number	Student email
Program of Study	Phone number

<p>1) How many people, including you, are in your household?</p> <p>_____</p>										
<p>2) What is the main source of income in your household (e.g.: funding from your program, wage from another job, wage from your spouse, savings, etc.)?</p> <p>_____</p>										
<p>3) In a typical month, how difficult is it for you to cover your expenses and pay all your bills?</p> <table border="1" style="width: 100%; text-align: center; border-collapse: collapse;"> <tr> <td style="width: 20%;">1</td> <td style="width: 20%;">2</td> <td style="width: 20%;">3</td> <td style="width: 20%;">4</td> <td style="width: 20%;">5</td> </tr> <tr> <td>Not at all difficult</td> <td></td> <td></td> <td></td> <td>Extremely difficult</td> </tr> </table>	1	2	3	4	5	Not at all difficult				Extremely difficult
1	2	3	4	5						
Not at all difficult				Extremely difficult						
<p>4) Are you struggling to pay off debt such as personal loans, student loans or credit cards?</p> <p>Yes                      No</p>										
<p>5) Is your mental health being affected by your current financial situation?</p> <p>Yes                      No</p>										
<p>6) In the last 12 months, have you personally:</p> <p>a) Gone without food to eat? Yes                      No</p> <p>b) Gone without a needed medicine? Yes                      No</p> <p>c) Had trouble paying your rent? Yes                      No</p> <p>d) Made sacrifices to your leisure time in order to keep your finances balanced? Yes                      No</p> <p>e) Made sacrifices to clothing in order to keep your finances balanced? Yes                      No</p>										

7) How do you think this Holiday Hamper would help you? (Max. 300 words)

Large empty rectangular area for writing the response to question 7.

Empty rectangular area for writing the date and signature.

Date

Signature