

Task Force on Mental Health and Well-being

Consultation with GSA and HGSA



**University
of Manitoba**

Task Force Purpose

UM's strategic plan, **MomentUM: Leading the Change Together**, identifies well-being as a core value and emphasizes the importance of safety, respect and social connection as essential to mental health and well-being for the UM community and its individual members.

To advance this priority, UM has established a Mental Health and Well-being task force. Their work will build upon previous mental health and wellness initiatives to design a robust and comprehensive strategy that reflects present-day opportunities and challenges.

Membership

Chairs

- Tracey Peter, Vice-Provost (Academic Affairs)
- Laurie Schnarr, Vice-Provost (Students)
- René Ouellette, Associate Vice-President (Human Resources)

Student reps

- Divya Sharma, President, UMSU
- Christopher Yendtz, President, UMGSA
- Lenna Regi Saleth, HSGSA rep

Staff members

- Leah Deane, Director, Student Services at Bannatyne
- Edgar French, Coordinator, Spiritual Care and Multi-faith Centre
- Carla Loewen, Director, Indigenous Student Centre
- Christine Nairn, Director, Office of Sustainability

Faculty members

- Danna McDonald, Student Counselling Centre
- Shay-Lee Bolton, Max Rady College of Medicine
- Kristin Reynolds, Faculty of Arts
- Jennifer Watt, Faculty of Education

Administrators

- Angie Bruce, Vice-President (Indigenous)
- Ayush Kumar, Associate Dean, Faculty of Science
- Kelley Main, Dean, Faculty of Graduate Studies
- Leisha Strachan, Associate Dean, Faculty of Kinesiology & Recreation Management

Resource members

- Don Stewart, Executive Director, Student Supports
- Oluchi Ogbu, Faculty Relations Specialist
- Janique Philippe, Employee Wellness Specialist
- Arlana Vadnais, Associate Director, Wellness & Prevention
- Sarah Vanderveen, Communications Coordinator



Working Groups

The Task Force has identified four working groups to inform their work towards developing a new UM mental health and well-being strategy.

- **Baseline Data** - What data are being collected across the University in relation to mental health and well-being?
- **Environmental Scan** - What is currently being done to advance health and well-being at the unit level?
- **Literature Review** - What have other institutions done? What has the UM previously done with other mental health and well-being strategic initiatives?
- **Community Consultations** - What University groups should be consulted? What questions should guide the consultations?

Online Feedback



Question 1

What is the University doing well to support and promote mental health and well-being (as you define them) among faculty, staff, and students?

Question 2

What is needed to advance mental health and well-being (as you define them) among students, staff, and faculty?

Question 3

In the next 5 years, what could you envision in terms of changes to support, advance, and promote mental health and well-being at UM?

- What challenges do you foresee in implementing these changes?
- How might these challenges be addressed?

Online Feedback

